

Our cuisines





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1) Greek traditional cuisine:

Gout frais, santé et plaisir dans un plat. Le mélange des légumes, des légumineuses, ou du riz avec des protéines riches et le rôle emblématique des produits des mers grecques rendent la cuisine grecque particulière et unique pour tous les gourmets, même les plus exigeants !

Fresh taste, health and delight in one dish. The mixture of vegetables, greens, pulses and rice with rich proteins and the iconic role of Greek seafood products make Greek traditional cuisine special and unique, suitable for any demanding organism

2) Greek creative cuisine:

A deep and smart cuisine of special Greek essence, which ensures the perfect balance between cooking, tradition and the modern culinary scene, leading to new gastronomic pathways

3) Mediterranean cuisine:

A fiery, mysterious and delicious cuisine, based on the pyramid of healthy nutrition. Explore every aspect, accompanied by its main ingredients: virgin olive oil, olives, vegetables, cereal, fruit, seafood, honey and its passions aromatic herbs and spices. Just relax and surrender to this delicious journey

4) Healthy (holistic) cuisine:

Food is medicine and medicine is the food you eat. Achieve wellness of body and mind through the power of the right food combinations, improving your way of life.

5) Vegetarian and vegan cuisine:

Become acquainted with the vegan or vegetarian diet through our path, discovering new, original and nutritious combinations of different tastes

6) French cuisine / La cuisine française:

La gastronomie française dépasse la simple alimentation. Considérée comme une des cuisines plus raffinées et élégantes. Elle fait appel aux quatre sens "le goût, la vue, l'odorat et le toucher et elle contient des produits d'une irréprochable fraîcheur. Les spécialités culinaires permettent de découvrir l'identité de chaque région, en garantissant le plaisir du goût, en offrant de votre brigade.

French gastronomy surpasses ordinary food. It is considered one of the most sophisticated and elegant cuisines. It addresses the 4 senses: taste, touch, smell and sight. It consists of excellent, fresh products. Its culinary specialities help discover the identity of each region and guarantee joy from the exquisite taste offered by our team.



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